



LATEST COVID-19 UPDATES IN GREECE

Greece is currently under lockdown.

Travel to Greece:

Until the 8th of February, **all** international travelers arriving in Greece:

- Need to submit a **Passenger Locator Form (PLF)**
- Need to have a **negative Covid-19 test result (PCR) performed up to 72 hours before arrival**
- Are required to stay in **quarantine for 7 days.**
- Random rapid testing will be performed to international travelers following the already imposed guidelines, with the exception of UK travelers. All passengers arriving from the UK will be required to perform a rapid test.
- In order **to officially exit the 7-day quarantine UK travelers will need to perform a new PCR test once after the completion of the 7th day of the self-isolation.** If tested positive, the quarantine will be extended to 14 days

During self-isolation (quarantine):

- You cannot leave your place of temporary residence you have recorded on your PLF from, unless for urgent medical reasons. Sadly, IVF does not fall under this category.
- If caught breaking the quarantine period you will be fined.

Returning to your home contry:

- Please make sure that you are aware of the requirements your home country has in order to return. Many countries may have measures such as the completion of a PLF from or COVID PCR testing prior to arrival.
- Greek citizens are required to complete the Greek PLF form even when departing from Greece to another destination

During this lockdown:

- Healthcare facilities will remain open.
- Civilians will need a time-slot permit to venture outdoors by sending the SMS (mobile text message – please see instructions below) or by filling out the below attached form
- Travel between cities will be restricted as **travel between prefectures is banned** (domestic travel) and for this reason, should you decide to travel to Greece or if you are currently in Greece, we suggest booking your accommodation in Thessaloniki.
- All restaurants will remain open only for takeaways and deliveries.
- Supermarkets, grocery stores and pharmacies/drug stores will remain open.



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- Retail stores, hair and beauty salons will remain open and residents will be able to visit them by using the code 2 which expires within 2 hours. If caught outside past the 2-hour period, you will be fined.
- A nationwide curfew is still applied from 09:00 pm until 05:00 am. Exemption to this curfew are: work, health reasons, and outings with pets.

SMS Instructions:

For all movements outside your place of residence, you will need to send the below messages through SMS to 13033 in the below form:

X(Code) blank **Name** blank **Current Address**

For example: 1 Mary Simpson Tsimiski 45

- Add the specific code mentioned below depending on the type of your movement
- X [blank] name and current address

The **X code** is the number mentioned below:

1. Go to a pharmacy or visit a doctor (This includes Newlife visits). – Can be used past 21:00 (emergencies).
2. Go to the supermarket or other grocery store.
3. Go to the bank.
4. Move to help people in need.
5. Going to a ceremony (e.g. funeral, wedding, baptism).
6. Physical exercise outdoors or walking a pet, individually or in pairs, observing in the latter case the necessary distance of 1.5 meters.

The service is available from mobile phones with SIM card of mobile telephony providers operating in Greece (Cosmote, Vodafone GR, Wind). In order to use the 13033 services, citizens with a device that has an external SIM card can obtain a prepaid connection from the points of sale of the providers. It is reminded that the use of the 13033 services is free and mandatory.

After the successful sending of an SMS to 13033, the answer follows: "Move blank X blank name and home address".

Telecommunication providers do not keep citizens' data.

In case of a road check by the state authorities, you display the SMS together with the police ID or passport. People not sending the SMS codes will be fined.

Please also carry with you the letter we have sent you stating that you are having treatment at Newlife.

EXTRAORDINARY MOVEMENT PERMIT

SECTION A

Full Name: _____

Date of Birth: _____

Home Address: _____

Time of transportation: _____

I hereby declare that my transportation is related to the following reason:
(Mark **X** in the corresponding box in Section B.)

SECTION B

- B1** Going to the pharmacy or visiting a Doctor, in the case that this is recommended after a previous contact.
- B2** Going to a Supply Store in operation, where its commodities cannot be delivered.
- B3** Going to the bank, when electronic transactions are not possible.
- B4** Going to help people in need.
- B5** Going to a ceremony (e.g. funeral, marriage, baptism), under the conditions provided by law or transition of divorced or legally separated parents, which is crucial for the communication between children and parents, in accordance with the applicable provisions.
- B6** Short commute, near my home, for individual physical activity (excluding any collective sporting activity) or for pet needs.

Place _____

Signature

Date _____

The Declarant _____